



Saint Thomas Academy Lunch Menu



**February
2012**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	FEBRUARY HARVEST OF THE MONTH Mango 	1 Bacon Cheese Burger on a Wheat Bun Italian Dunkers with Marinara Sauce Chicken Noodle Soup	2 GROUND HOG DAY Honey Glazed Ham Cheesy Potatoes Buttered Carrots & Dinner roll Turkey & Cheddar Sub Beef Barley	3 Baked Potato Bar Gyro Sandwich with Tossed Greek Salad Creamy Tomato
6 Shredded BBQ Beef Sandwich with Ranch Fries Chicken Caesar Salad Chicken Wild Rice Soup	7 Lemon Herb Roasted Chicken Baby Red Potatoes Corn & Dinner Roll Sloppy Joe Cheeseburger Soup	8 Open Face Roast Beef Sandwich with Mashed Potatoes & Gravy Vegetable LoMein Ham & Corn Chowder	9 Beef Ravioli with Marinara or Alfredo & Garlic Toast Cheesy Nacho Beef Noodle Soup	10 1/4 Pound Burger Chips Italian Pasta Salad Cookie
13 Hard Shell Taco with Refried Beans Chili Cheese Dog Chicken Dumpling	14 VALENTINE'S DAY Pancake Stacker Scrambled Ham & Eggs with Tri Tater's Cheesy Broccoli	15 Meatball Sandwich with Fritos Caesar Salad with Bread Stick Steak & Potato	16 Creamy Pasta with Ham & Peas Cheesy Garlic Toast with Marinara Potato Leek	17 <div style="text-align: center; font-size: 2em; font-weight: bold; color: pink;"> <u>NO SCHOOL</u> </div>
20 PRESIDENTS DAY <div style="text-align: center; font-size: 2em; font-weight: bold; color: pink;"> <u>NO SCHOOL</u> </div>	21 FAT TUESDAY/MARDI GRAS Chicken & Sausage Gumbo with Corn Bread Muffin Jumbo Pretzel Black Eyed Pea Chowder	22 ASH WEDNESDAY Seasoned Tilapia with Slaw Cheese Pizza Clam Chowder	23 Grilled Pork Loin with Creamy Dijon Sauce Seasoned Rice Green Beans Dinner Roll Chicken Egg Roll Chipotle Chicken	24 Shrimp Poppers with Kettle Chips Macaroni & Cheese Minestrone
27 Chicken Nuggets with Mashed Potatoes & Gravy Hot Ham & Cheese Baja Chicken Soup	28 Corn Dogs with Kettle Chips Chicken Strip Chili	29 LEAP DAY Beefy Nacho with Cheese Sauce & Salsa Breaded Chicken Sandwich with Baked Beans Tomato Basil	<p>FRUIT & VEGETABLE BAR Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.</p>	

- Prepared From Scratch
- Contains Pork
- Whole Grain Item
- USDA Food
- Farm to School Item
- Harvest of the Month



Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.

Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.

Menus are subject to change without notice.

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Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch