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## **SAINT THOMAS ACADEMY'S FREDERICK RECEIVES APPOINTMENT TO U.S. MILITARY ACADEMY AT WEST POINT**

**MENDOTA HEIGHTS, Minn., Dec. 10, 2007** – Saint Thomas Academy announced today that senior Cadet Captain K. Frederick of Minneapolis has received an appointment to the U.S. Military Academy at West Point. Frederick is the son of Dan and Jan Frederick.

Frederick was named an All-Conference Honorable Mention Student Athlete in golf in the 2006-2007 school year. He has also participated in cross country, mock trial, and jazz combo and is a captain in the Academy's peer counseling program. He received the Eagle award for academic achievement and was named Superior Cadet his freshman and sophomore years, and Cadet of the Year in his sophomore year.

"He has excelled in all endeavors at Saint Thomas Academy," said Commandant of Cadets Lt. Col. Michael DePuglio (ret.), U.S. Army, "and will continue to do so at West Point or a civilian institution. He has demonstrated all of the qualities, attributes and personal discipline characteristics required of an Army Officer."

To be considered for admission to West Point, candidates must be qualified academically, medically, and physically, and must receive a nomination from an approved source, such as a member of Congress.

### **About Saint Thomas Academy**

Founded in 1885, Saint Thomas Academy is an all-male, military/leadership, Catholic, college preparatory school committed to preparing young men to succeed in college and in life. Nationally accredited by the Independent Schools Association of the Central States (ISACS), the academy challenges young men to excel academically, spiritually, physically, and emotionally in and out of the classroom. For more information, please visit [www.cadets.com](http://www.cadets.com).

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