

SAINT THOMAS ACADEMY **FRESHMAN FOOTBALL CAMP**

The STA Football Camp is designed to offer football fundamentals, game knowledge and individual skill development for incoming 9th graders.

Camp staff includes current and former STA coaches and players who will provide instruction to introduce you to current skills, systems, concepts and techniques that will help you as an STA football player. This camp will provide an opportunity for you to learn while having some fun doing it!

This is a non-contact camp. Players need to provide proper footwear, (tennis shoes for inside use in the case of rain.) Players will leave with a better sense of the game.



Camp Dates and Times: July 26 and 27 – 9:00 a.m. to noon
Camp Location: Saint Thomas Academy

Cost of the Camp: FREE!

Registrations must be received by July 12, 2010

Please return the registration form below to:
Saint Thomas Academy % Dave Ziebarth
949 Mendota Heights Road, Mendota Heights, MN 55120

PLEASE COMPLETE AND RETURN THIS PORTION

Name of Player _____ Home Phone () _____ - _____.

Address _____ . City _____ . Zip _____ .

Mother/Father/Guardian Contact: _____ .

Contact Phone: () _____ - _____ . cell / work / other (circle one)

Any existing medical condition/Injury? _____ .

* Parent/Guardian Signature: _____ .

*** By signing, parents/guardians waive all claims against the school, coaches, and/or anyone else involved with the camp. Participants are responsible for their own medical coverage.**