

NUTRITIONAL ANALYSIS - SANDWICHES

| SANDWICHES | SERVING SIZE | CALORIES | TOTAL FAT | SATURATED FAT | CHOLESTEROL | SODIUM | PROTEIN | CARBOHYDRATES | FIBER |
|---------------------------------|--------------|----------|-----------|---------------|-------------|------------|---------|---------------|-------|
| | | | Grams | Grams | Milligrams | Milligrams | Grams | Grams | Grams |
| BBQ Pork Sandwich | 1 each | 244 | 8.5 | 2.5 | 45 | 361 | 21 | 21 | 2 |
| Cheeseburger | 1 each | 336 | 18 | 7.5 | 67 | 487 | 21 | 22 | 1 |
| Chicken Patty | 1 each | 313 | 12 | 1.5 | 20 | 661 | 30 | 35 | 1 |
| Chicken, Grilled | 1 each | 217 | 4 | 1 | 48 | 283 | 21 | 22 | 1 |
| Chili Dog | 1 each | 278 | 14 | 4 | 55 | 927 | 12 | 26 | 2 |
| Egg & Cheese Breakfast Sandwich | 1 each | 259 | 10 | 3.5 | 219 | 594 | 14 | 28 | 1.5 |
| Fish & Cheese Sandwich | 1 each | 308 | 11 | 2.5 | 32 | 651 | 15 | 38 | 2 |
| Fish Sandwich | 1 each | 273 | 9 | 1 | 25 | 481 | 12 | 37 | 2 |
| Footers, Ham | 1 each | 342 | 10 | 3.5 | 38 | 1380 | 21 | 46 | 1 |
| Footers, Roast Beef | 1 each | 307 | 5 | 2 | 35 | 1327 | 23 | 45 | 1 |
| Footers, Turkey | 1 each | 319 | 8 | 1.5 | 7 | 1117 | 22 | 45 | 1 |
| Grilled Cheese | 1 each | 275 | 13 | 7 | 31 | 934 | 17 | 23 | 1 |
| Ham & Cheese on a Bun | 1 each | 211 | 5.5 | 1.5 | 31 | 889 | 14 | 22 | 1 |
| Hamburger | 1 each | 264 | 11.5 | 4 | 49 | 278 | 17 | 22 | 1 |
| Hot Dog | 1 each | 253 | 13 | 4 | 50 | 811 | 10 | 24 | 1 |
| Hot Dog, Footlong | 1 each | 345 | 16 | 5 | 76 | 1372 | 16 | 34 | 2 |
| Meatball Sub | 1 each | 346 | 11.5 | 4 | 62 | 436 | 21 | 40 | 2.5 |
| Peanut Butter & Jelly | 1 each | 405 | 19 | 4 | 0 | 456 | 14 | 52 | 6 |
| Riblet Sandwich | 1 each | 317 | 14.5 | 5.5 | 33 | 849 | 16 | 31 | 2.5 |
| Sloppy Joes | 1 each | 291 | 10 | 4 | 46 | 482 | 17 | 32 | 2 |