Saint Thomas Academy | Counseling Questionnaire

Student Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In an effort to help your son attain his full potential at Saint Thomas Academy, we ask you to share the following information with the Counseling Department. The information you provide will be kept confidential within the Counseling Department.

Areas or issues where you would like to see your son supported. Please check all that apply.

\_\_\_\_\_ Needs effective ways of managing stress and anxiety

\_\_\_\_\_ Has difficulty with making or keeping friendships

\_\_\_\_\_ A history of anger issues with peers and/or adults

\_\_\_\_\_ A history of his own depression or depression within the family

\_\_\_\_\_ Grieving the death of a parent, sibling or loved one

\_\_\_\_\_ Dealing with the divorce or separation of his parents

\_\_\_\_\_ Coming to terms with his adoption

\_\_\_\_\_ Personal problems with alcohol and/or drugs

\_\_\_\_\_ Dealing with a chemically dependent parent or sibling

\_\_\_\_\_ Dealing with racism, religious persecution, cultural issues or physical disabilities

Are there any situations that would serve as a distraction to your son?

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Does your son feel undo pressure in situations?

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Does your son currently see a counselor? If yes, please provide the following:

Counselor’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Counselor’s Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*It is in your son’s best interest to sign a* ***Release of Information*** *to share his case with our department.*

Has your son been tested for learning differences or attention issues? If yes, please provide when and where the testing was done.

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**Please contact a counselor with any questions or concerns.**

Justin Larson TBD Katie Schultz Karen Rassmussen

651-683-1524 651-683-1523 651-683-1507 651-683-1566

School Counselor School Counselor Learning Specialist Learning Specialist

Grades 6-9 Grades 9-12 Grades 6-9 Grades 9-12